



Sunday 8th February 2026

The Anglican Parish of Bass-Phillip Island

St Philip's, Cowes

St Augustine's, San Remo, St Paul's, Bass

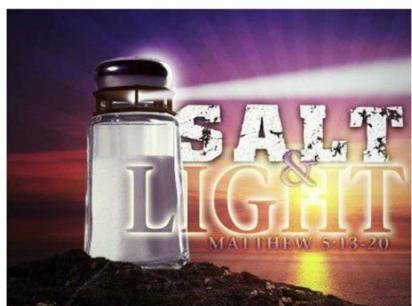
Choose Hope, Love, Justice

Welcome! It is wonderful to gather for worship and celebrate the risen Lord. If you are visiting, we'd love you to join us for morning tea after the service.

We meet for worship on the lands of Bunurong, Gunai-kurnai and Woi-Wurrung people; the traditional owners of the land on which we gather, and pay our respects to their Elders, past, present, and pray God's blessings on all peoples.

Today: 5th Sunday after Epiphany

Readings: Isaiah 58: 1-12, Psalm 112, Matthew 5: 13-20



Jesus leads his followers up onto a mountain and teaches them many things, the sermon on the Mount from Matthew chapter 5, is one we should listen to regularly and put into practice. In the section that we reflect on today, Jesus tells us we are the salt of the earth and the light of the world. Does your life reflect this? Are you giving the world a 'taste' and 'glimpse' of Jesus? Are

we living Christlike lives in the darkness of the world? Are we showing others the way to Jesus? How light and salty are you?

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For giving to support the ministry and work of the parish we welcome direct debit-

Anglican Parish Bass/Phillip Island BSB: 633 000/ Account Number: 169 629 797

PRAYER POINTS:

- **For the World:** God of all justice, you desire of your people righteousness and truth: hear us when we pray for the peoples of the world. We pray for all those who are exploited and oppressed, those whose land and livelihood have been taken away. Put a right heart within us, that we may work to bring freedom to the oppressed, release to the captive, dignity and justice to all.
- **For the Church:** God of all holiness, you desire of your people obedience and integrity: you call your church to holiness, to be salt and light in the world. We pray for our MAF mission family the Flynn's, bless and strengthen Ely and the four kids while Josh is in Timor Leste for two weeks. Keep them close to you and protect them all as they serve in mission.
- **For the Community:** We pray for those without food or shelter, for the unemployed and all whom have been pushed to the edges of society. Put a heart in us to remember to support the work of PICAL and the emergency food pantry at San Remo.
- **For those in need:** Father we pray for all of those who are in need, be it physical, mental or spiritual. Help us to be Light and Salt in people's lives, taking the love of Jesus into this broken and dark world.

DIARY DATES THIS WEEK February 2026:

Thursday 12th February 10:00am St. Philip's, Cowes, Communion Service

Friday 13th 11.00am – 2.00pm – Chat 'N' Chew – Cowes Parish Hall

Sunday 15th February

9:30 St. Philip's, Cowes, Communion Service

11:00 St. Augustine's San Remo Family Service

11:30 St. Paul's, Bass, Communion Service

NEWS and EVENTS:

17th February 6pm Shrove Tuesday, Pancakes in the Parish Hall, Cowes

18th February Ash Wednesday – 7pm at St Philip's Cowes and St Augustine's San Remo
Bible Study/ Home Groups: Starting back in time for Lent. Speak to Ruth if you'd like to join a group. Lenten studies across the parish will begin in Feb.

Emergency Food Pantry (San Remo) & PICAL would love for you to donate non perishable foods into the basket in the foyer. Christmas is over but unfortunately the need still persists.

Cash for Cans – A collecting bin is by the shed, behind the parish hall. All tins and bottles with 10c redemption welcome. Money raised devoted to Mission Aviation Fellowship.

Next Sunday: The Transfiguration. Psalm 2, 2 Peter 1: 16-20, Matthew 17: 1-9