



Sunday 5th July 2026

The Anglican Parish of Bass-Phillip Island

St Philip's, Cowes

St Augustine's, San Remo, St Paul's, Bass

Choose Hope, Love, Justice

Welcome! It is wonderful to gather for worship and celebrate the risen Lord. If you are visiting, we'd love you to join us for morning tea.

We meet for worship on the lands of Bunurong, Gunai-kurnai and Woi-Wurrung people; the traditional owners of the land on which we gather, and pay our respects to their Elders, past, present, and pray God's blessings on all peoples.

Today: 6th Sunday After Pentecost – Gods gift of forgiveness and grace

Readings: Psalm 103: 1-14, Romans 7: 14-25, Jonah: 1-4



Do you ever do things you wish you didn't? Like get angry, hold on to habits and addictions. Or you don't do the things you wish you did? Like have more patience, be more loving and forgiving.

In his letter to the Romans chapter 7, Paul continues to reflect on our sinful human nature- while thanking God that we are saved from sin through Jesus Christ!

With the whale festival on this weekend, I have been reflecting on the story of Jonah, who initially didn't do what he knew was right. Instead, he tried to flee from God. He ended up in the belly of a big fish, where he repented and was forgiven and given a second chance go to Ninevah and speak God's message. When the 'wicked' people repented, they too were rescued from sin and death. How much more are we saved through the death and resurrection of Jesus – thanks be to God! We too are called to go and tell others of God's mercy.

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For giving to support the ministry and work of the parish we welcome direct debit- Anglican Parish Bass/Phillip Island BSB: 633 000/ Account Number: 169 629 797

PRAYER POINTS:

- **The World:** Gracious God, we continue to pray for those in Venezuela affected by the devastating earthquake, be with the aid organisations and rescue teams. Bring peace where there is conflict, relief where there is hardship, and hope where people feel forgotten. This NAIDOC week we pray for our indigenous brothers and sisters.
- **The Church:** Bless all who serve in your name—pastors, teachers, chaplains, and volunteers. Strengthen those who teach in our schools; grant them rest, refreshment, and encouragement in these school holidays. We pray for the Anglican Consultative Council that met in Belfast last week, we pray for unity and respect around differences.
- **The Community:** God watch over our community here in Bass Coast and Phillip Island. Be close to families enjoying a break. Bless our schools, our teachers, and all who support children and young people. Protect all who travel during these school holidays—keep our roads safe, journeys calm, and families joyful in their time together.
- **Those in Need:** Compassionate Lord, hold in your care all who suffer in body, mind, or spirit. Bring healing to the sick, comfort to the grieving, and peace to those weighed down by worry. Provide for those facing financial strain or uncertainty and surround the lonely with your love and grace.

DIARY DATES THIS WEEK:

Thurs 9th July 10:00am Communion Service - St. Philip's, Cowes

Friday 10th July Chat 'n Chew – Parish Hall, Cowes – **IN RECESS**

Sunday 12th July 9:30am Communion Service, St. Philip's, Cowes

11:00am Communion, St Augustine's, joined by St. Paul's, Bass

NEWS and EVENTS:

Thursday 9th -10th July, Jules Lanham the Diocesan Clearance Officer, will be available in Cowes If you would like to book a time to meet with Julie, she will help you complete the forms more easily, please let James Millward know.

Emergency Food Pantry (San Remo) & PICAL: please bring in non-perishable foods to bless those in need; pasta and sauce, tuna, 2 min noodles, coffee and toilet paper especially appreciated.

Ecumenical Ladies Morning Tea - Tues 21st July, at Cowes Golf Club Settlement Rd. @ 10:15 All Welcome

Next Sunday: Psalm 119: 105-112, Romans 8:1-11, Matthew 13: 24-43